



THE BLUE RIDGE REVIEW

VOLUME 1, ISSUE 2

MAY 2007

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The Blue Ridge Review is published periodically for Soldiers, civilian employees and family members of the 80th Division (IT). It is an official publication under the provisions of AR 360-1, and published by the 80th Division (IT) Public Affairs Office.

We gladly welcome article submissions, photographs and story ideas. Contact: 80th Division (IT) PAO 6700 Strathmore Rd. Richmond, VA 23237 Phone: (804) 271-5843 Email: 80THDSCPAO@usar.army.mil

The editor reserves the right to edit submitted copy for clarity and propriety.

National Reenlistment Ceremony



SGT Bryanne Moore is shown above, in the second rank leaning forward, and right with CSMs Blanco, Robinette, Demaria, Stewart, McMaster, and SGM Lewis. Moore was one of 43 Soldiers chosen to participate in the National Reenlistment Ceremony.



Sgt. Bryanne Moore, pictured directly behind the centered female, participated in a National Reenlistment Ceremony with 43 Army Reserve Soldiers on the lawn of the Capitol building last month to mark the start of the Year-Long Centennial Celebration of the Army Reserve.

Moore, a drill sergeant with the 4/318th, said it didn't take her long to decide to reenlist.

"I am reenlisting because I still have more to give," she said. "I am proud of my military service, because it helps me be a better person and helps me to make better choices."

As part of the Army Reserve's Reenlistment Recognition Program, Moore received a 3-star note and commemorative coin in a leather display case.

Additionally, she and the other soldiers toured the Washington area including the Pentagon.



Time to make the donuts!



SFC Harrison, above left, shows her food service students how to properly flour and knead dough.

SFC Gene Stricker, SFC Pamela Harrison and MSG Richard Scarver – instructors for the food service course at Fort Pickett, Va. – say one of the first things they tell their students is to forget everything you ever knew about cooking before. The military way of cooking, they stress, is different from “your mama’s cooking.”

The three Soldiers were mobilized to Fort Pickett in 2004 to reclass Army Reserve and National Guard Soldiers as food specialists.

According to the instructors, it is critically important to follow each recipe exactly how it is written. Missing one step can mess up the entire recipe, Harrison said, “and then no one will want to eat it!”

Incidentally, the students are taught a new vocabulary to go along with their cooking skills. Blanching, sautéing, browning, steaming, boiling and rolling boil become a part of their every-

day conversation.

All the food service training does not take place in the kitchen, however. In order for students to succeed, they must pass seven written tests. In addition to cooking and baking, classroom instruction includes learning about equipment, utensils and the functions and characteristics of different ingredients.

The instructors teach that sugar, for example, gives the food product the ability to brown as it bakes or cooks. Students learn that cake frosting serves three purposes. It retains moisture, preserves the cake, and enhances its visual appeal.

Many students were excited about their skills they learned.

“Wow! There’s so much more to this than cooking at home,” said Sgt. Ruby Welch, of the 1208th Quartermaster National Guard Company in Lineville, Ala. Welch said she was thrilled when she made her first

pound cake.

“I never really liked baking as much as cooking, but I’m much more comfortable with it now,” she said.

“Another cool thing is that I finally learned how to make gravy that’s not lumpy.”

With classes almost back to back, Scarver, Stricker, and Harrison agree the training is intense but incredibly rewarding. Over the last several years classes have consisted of soldiers from all over the world, including Guam, Germany, Korea, Brazil, Dominican Republic, Puerto Rico, and Jamaica.

“It’s amazing to watch strangers come together for a common goal, to watch how they mesh together and create such a great camaraderie,” Stricker said. “It may sound corny, but I really do love my job. This is the best job I’ve ever had.”

MilTech of the Year



Phillip Sample’s award stated he “continually and consistently demonstrated exceptional competence.”

Phillip Sample of the Division HHC was awarded the honor of MilTech of the Year for continually and consistently demonstrating exceptional competence.

His award stated that his assistance and guidance was always “timely, well-planned, clearly communicated and technically

sound.”

MG Evans praised Sample for his efforts and explained that Sample was covering down on the work for the vacant unit administrator’s position in addition to carrying his own workload.

“Since October, he has been doing double duty for

the band and HHC,” Evans said. “And he’s been doing it admirably.”

Sample said he didn’t think he would receive the award.

“But I’m so glad they chose me!” he said.

Sample also received a coin from the commanding general.

Passing the torch

When a Reserve Soldier comes home from an overseas deployment, there are many opportunities for him to continue serving in an active duty status if desired. Programs like Task Force Marshall and Operation Warrior Training enable the Reserve Soldier to train and prepare other military personnel who are getting ready to deploy to theater. The Reserve Soldier gets the double benefit of

continuing his or her active duty service in addition to imparting first-hand knowledge of theater operations.

Task Force Marshall (TFM) is a training initiative at Fort Jackson, S.C., in which Army Drill Sergeants train Navy personnel who have received Individual Augmentee orders to support the U.S. Army in combat zones around the world. The Sailors participate in a

two-week training course where they learn combat survival skills, training in convoy operations, forward operating base force protection, security procedures and urban combat operations.

The Operation Warrior Training (OWT) program is a little different in that the Reserve Soldier can be placed at any mobilization site to help prepare Reserve Component units for de-

ployment. As with TFM, the intent is to use the recently deployed Reserve Soldier's expertise to mentor his or her comrades who are on their way to theater.

Subsequent editions of the Blue Ridge Review will include a "Boots on the Ground" perspective for both OWT and TFM where 80th Division Soldiers are training military personnel.

Airport gate passes for family members

The Transportation Security Administration (TSA) issued a security directive relating to American military passengers. Family members may be given a pass to escort the military passenger to the gate and/or a pass to meet a military passenger's inbound arrival at the gate.

If the airport has a USO office they will assist families in ob-

taining passes. Family members may also go to the airline that the military member is flying on and receive a pass to go to the gate. The family member(s) will be required to have a pass and a photo identification to get past the security checkpoint.

This change will primarily affect military personnel who

are on leave from Afghanistan or Iraq.

The directive will offer a better "welcome home" for service members as they exit the airplane and see their family at the gate and also will provide service members more time with their families before leaving. This policy is in effect at U.S. airports only.

"...[it] will provide service members more time with their families..."

Soldier makes guest appearance on C-Span

In a broadcast on C-SPAN last month, MSG Karen Henderson of the 2/319th sat next to LTG Jack Stultz, the Chief of the Army Reserve, as he answered questions concerning the 2008 Army Reserve budget in front of a Senate Committee.

At the beginning of Stultz's remarks, he introduced Henderson – who was deployed to Iraq

for a year with the 80th Division – and asked her to stand as he detailed an incident where her convoy came under attack, and Henderson rendered life-saving aid to her fellow soldiers utilizing the combat life-saver skills she was taught.

At the conclusion of his opening remarks at the Senate Defense Appropriations hearing,

Sen. Daniel Inouye (D-HI) thanked Henderson and another soldier who appeared with Stultz for their service, commitment and sacrifice, and asked them to convey that message to all soldiers of the Army Reserve.



MSG Henderson sat next to LTG Jack Stultz at a Senate budget meeting.

PROMOTIONS AND RETIREMENTS



Promotions

HHC, DET 6; Himic, James; MAJ > LTC

Retirements

HHC, HQ; LTC Albertine, Michelle

HHC, HQ; LTC Brown, Edward

HHC, HQ; COL Bynum, William

HHC, HQ; CW3 Robinson, William

1st BDE, 3/318; SFC Flippen, Donna

2nd BDE, 1/317; SFC Wilson, Vernon

2nd BDE, 2/317; SFC Berry, Barth

2nd BDE, 2/317; SFC Ward, Queen

2nd BDE, 1/320; 1SG Webb, Brian

3rd BDE, HHD; MSG Jones, Reginald

3rd BDE, 3/80; SFC Backer, Jeffrey

4th BDE, 5/80; SFC Runion, Steven

4th BDE, 6/80; SFC Gibbons, Elicia

*Awards

JANUARY 2007 BOARD

HHC; MSG Webb, Triscel; MSM, SER

HHC; SFC Collins, Keith A.; ARCOM, ACH

HHC; MSG Vaughan, Carol D.; ARCOM, ACH

HHC; SFC Chichester, George S.; AAM, ACH

HHC; MSG Johnson, Annecarol; AAM, ACH

HHC; SPC Matthews, Lana; AAM, ACH

HHC; SGT Morgan, Maelee; AAM, ACH

EOC; MSG Adams, Larry; ARCOM, ACH

FEBRUARY 2007 BOARD

HHC; SGT Jackson, Tarah D.; ARCOM, ACH

HHC; SSG Lewis, Anne W.; AAM, SER

HHC; SSG Tuttle, Vada.; MSM, SER

HHC; MAJ Sardegna, Kenneth R.; MSM, SER

2nd BDE; SFC Calhoun, James E.; MSM, RET

2nd BDE; SFC Phipps, Robert R.; MSM, SER

2nd BDE; COL Robertson, William S.; MSM, SER

3rd BDE; CSM Wingard, Tommy A.; MSM, RET

4th BDE; SFC Donovan, Terrence M.; MSM, SER

7th BDE; Edwards, Dwayne R.; MSM, SER

** Awards will be printed on a space available basis. Per G-1, to ensure timely recognition, recommenders should ensure the DA 638 is accurately written and provides a detailed description of the recommended Soldier's achievements for the period of service or achievement. Contact MSG Mantha for more info at (804) 271-5836.*

CHAPLAIN'S CORNER



One day, there was a blind man sitting on the steps of a building with a hat by his feet and a sign that read: "I am blind, please help."

A creative publicist was walking by and stopped to observe. He saw that the blind man had only a few coins in his hat. He dropped in more coins and, without asking for permission, took the sign and rewrote it.

He returned the sign to the blind man and left. That afternoon the publicist returned to the blind man and noticed that his hat was full of bills

and coins.

The blind man recognized his footsteps and asked if it was he who had rewritten his sign and wanted to know what he had written on it.

The publicist responded: "Nothing that was not true. I just wrote the message a little differently." He smiled and went on his way.

The new sign read: "Today is Spring and I cannot see it."

-CH (COL) Combee

News and Upcoming Events

Wounded Soldier and Family Hotline

Purpose: (1) To offer wounded and injured Soldiers and family members a way to seek help to resolve medical issues. (2) To provide an information channel of Soldier medically related issues directly to senior Army leadership so they can improve how the Army serves the medical needs of our Soldiers and their families. Call the Wounded Soldier and Family Hotline at 1-800-984-8523 from Monday through Friday, 7 a.m. to 7 p.m.

Marriage and Singles Retreats

Strong Bonds Marriage Retreat

22-24 June, Charleston, W.V.

3-5 August, Seven Springs, Pa.

Single Soldiers Retreat

13-15 July, Baltimore, Md.

Contact 99th RRC Chaplain Office

SSG Stevie Mick (412) 604-8175

CH (LTC) Mark Sachs (412) 604-8172

Army hosts 232nd Army Birthday Ball

Location: Hilton Washington Hotel in

Washington D.C. Saturday, 16 June 2007

from 5:30 p.m. to 1:00 a.m. Ticket price is

\$70 per person. All Active Component,

National Guard, Reserve, Department of

the Army Civilians, Government Contractors,

Family Members, Retirees, Veterans and

invited guests are welcome! Attire: Military

members, Dress Blues/Dress Mess/Class A

with white shirt and bow tie (or equivalent

for other services); Civilian, Formal Evening

Wear/Black Tie. For more information, visit

<http://www.army.mil/birthday/232/ball/default.htm>.

Mental Health Program

The Department of Defense is offering free, anonymous mental health and alcohol self-assessments both online and via the telephone.

This program aims to help military personnel and their families cope during times of deployment and guides them into the health care system before a problem becomes urgent. The self-assessments address depression, bipolar disorder, generalized anxiety disorder, post-traumatic stress disorder and alcohol use.

After the self-assessment the individual is given referral information. For more information visit www.MilitaryMentalHealth.org or call 1-877-877-3647.